

Ramadan Mubarak

Dear Neighbour,

It is Ramadan, the most beautiful month in the Islamic Calendar. This is where we will fast from dawn until sunset for approximately 30 days.

It is a wonderful opportunity for us to increase our spirituality, prayers, good behaviour, charity, reflect on those who cannot eat and to resist wrongful desires.

Research has shown it takes 21 days for a habit to form, and we hope after the month of Ramadan has passed, we carry on with the good habits we formed over the last 30 days to reflect our self-improvement.

It is also an opportunity for families, friends and communities to spend time together and be generous with one another.

As Ramadan is the month of giving, please accept this gift from us.

Wishing you peace and joy.

Happy Ramadan!

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